



BENEFITS OF HMN MEMBERSHIP

As a member of the Holistic Moms Network, you are first and foremost joining a vital and exciting community!

Membership in HMN entitles you to:

- Be part of national community of holistic parents.
- Affiliate with a local HMN chapter where you can connect with other holistic moms, dads, and others and participate in all chapter activities.
- Attend all monthly meetings and events of your local chapter on a variety of interesting topics and learn from one another.
- Participate on the members-only local Chapter Email Loop where you can join the online community, share resources, and connect with other holistic parents on the internet. In addition, you are invited to join our National Email Loop of holistic parents across the United States.
- Receive a one-year subscription to *The Wise Mom* electronic newsletter, a conscious parenting quarterly delivered via email.
- Benefit from a variety of offers from our Sponsors to help you on your journey as a holistic parent.
- Attend our annual Natural Living Conference, with special rates available for HMN Members.

In addition, your chapter may offer the following activities:

- Playgroups for moms with infants, toddlers and/or preschoolers.
- Book Club.
- Moms Nights Out.
- Mom-and-Tot Field Trips.
- Any variety of discussion groups, activities, and/or events that are organized by your chapter leaders or members.

Membership in the Holistic Moms Network is just \$35.00 per year. Your membership is a tax-deductible contribution and will help us to provide the services and activities of our organization, sustain local chapters, and to reach out to holistic moms across the country.